



Redcliffe
City
News

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9 September 2008

www.redcliffecity.com.au

New Woolworths store a boost for local employment

Federal Member for Petrie, Yvette D'Ath MP, officially opened a new Woolworths supermarket at Blue Water Square in Redcliffe last Friday.

Store Manager Sue Honan cut the ribbon with Mrs D'Ath who said the new store would be a great addition to the local area.

"This store will offer a new range of shopping options, provide a boost to other businesses in the area, and is a major shot in the arm for local employment," Mrs D'Ath said.

"The store has created employment for over 70 local residents which is a fantastic result for the community."

To celebrate the opening of their new store, Woolworths have awarded local grants totalling \$4,000 to community projects.

"The grants offered through Woolworth's Fresh Food Kids campaign support an important local community project that helps primary school kids lead healthier and more active lives," Mrs D'Ath said.

"It's really important to teach our kids healthy eating habits that will stay with them into adulthood and send a positive and practical message about fresh food to children and their parents," Mrs D'Ath said.

The store took several years of planning, 12 months of construction and 30 truckloads of stock to fill and includes a series of environmentally conscious design features.

The store will feature self-serve checkouts, alongside standard manned checkouts, which allow shoppers to scan, weigh, and pay for their own groceries.

The store is located at the corner of Anzac Avenue and Sutton Street, Redcliffe.



• Yvette D'Ath MP and Store Manager Sue Honan officially cut the ribbon to open Woolworths Redcliffe while new shoppers queue outside



• Above left: Staff watch as Woolworths opens at Blue Water Square.

• Above right: There is still more to be done before Blue Water Square is fully operational. The Post Office moved in on Monday 8th September 2008.

Hearing Problems?



- FREE Government Hearing Aids to Vets Affairs, Pensioners and Disability Pension Clients.
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Environmentally Friendly Toys Gone To The Dogs

This new range of eco friendly dog toys combines environmentally friendly processes and materials with functional design. Imported from the US, the range includes cuddly soft toys with fun squeakers inside to extremely tough, durable chew toys for dogs that love to chew.

Going green is the latest trend and more and more businesses are looking at ways of creating products that minimise a harmful effect on the environment.

The toys are manufactured in a way that minimises waste including making toys from 85% recycled plastic soft drink bottles, using organic, natural non dyed fabrics, reusing old toys returned by customers or padding the toys with non toxic recycled fill.



Owners of large dogs know that they love to chew - lots! Which is why this range of tough dog toys made from a super tough material called ZogoFlex will challenge the jaws of dogs that love to chew.

The colourful tough chew toys start from is \$19 and the plush organic cotton toy is also \$19 inc GST.

Available from www.SnootyPaws.com.au or phone 07 5630 1491.

Tuned In

with James Green



It has certainly been a hectic few weeks for your local broadcaster, 99.7FM, hence this is our first article for a while!!

Our new station is almost ready – and the anticipation is almost unbearable. The final touches are being made to the technical and broadcast elements and then it is all go!! We anticipate an opening at the end of September and we look forward to welcoming the public to an open day later this year.

Our new promotions coordinator, Jess, has been working hard getting the station 'out and about' with the Street Machine, handing out freebies throughout our broadcast area. Keep your eyes out for the 99.7FM vehicle in your suburb in coming weeks.

The Lakes College Fun Run & Gala was a hit again this year. Your local station, 99.7FM was live from the College and we had a great time handing out icy cold Coke and freebies from In Balance Health & Fitness North Lakes.

Catch 99.7FM broadcasting live from the Redcliffe Hospital Foundation family fun day this weekend and Relay for Life at Rothwell Park later this month. We are also getting set to support the Woody Point Special School fun run and the Brighton State School Spring Fair in the coming weeks.

We have another Birch Carroll & Coyle first release premier screening this week. Listen Out for the chance to win double passes to "The Mummy". Our last premier screening "Baby Mama" was a huge hit so don't miss out.

The Music Dept introduces the "Super September CD Giveaways". Listen out for the chance to win the Mama Mia soundtrack, Katy Perry, Metro Station, Pete Murray and heaps more of your favourite artists.

Remember, if your community group, school, charity or not-for-profit organisation is seeking free promotion or publicity, you can contact the station during office hours on 3284-5000

Sea Biscuits

Skipper Wimm Theirry of A Team Coastguard Redcliffe reported a busy weekend at the Scarborough base.

A number of jobs kept volunteers hopping.

As the weather is warming there are more boats on the water and several assists were of a minor nature with boaters needed fuel or having flat batteries. Members scrambled and even used their own vehicles at one point in order to assist a disabled Jet Ski, stranded up the Pine River.

The most serious incident of the week was a vessel caught offguard, by wind and waves near the Compass Adjustment Buoy. They were taking on water, bailing manually with no electrics and no radio. Mobile phone communication was not very good and slowed the ability of rescuers to locate them. The vessel was finally found and towed to Scarborough by Redcliffe Coastguard. (As seen on local TV Saturday night).

The final tally isn't in yet from the RiverFire party cruise, but that's not stopping fund raising officer Merv Porteous from getting the troops ready for next months Charity Mud Crab races at the Redcliffe Seafood Festival on October 11th and 12th. The Muddies are up for sale already for only \$100 each. If your crab doesn't win you are still guaranteed

By Paul Baldwin,
Redcliffe Coast
Guard



a tasty post race treat!


The National Marine Safety Committee is inviting keen boaters to be part of a world first study on recreational boating usage. The study starts in September 2008 and will run through to May 2010. You can take part in the study online and receive discounts on insurance and be entered to win prizes by filling out the survey. Their website is www.nmsc.gov.au

BISCUIT: Mind your P's and Q's..... Nowadays a term meaning "Be on your best behaviour." In days gone by, sailors serving aboard government ships could always get credit at the waterfront taverns until pay-day. As they would only pay for those drinks which were marked up on the score-board, the tavern-keeper had to be careful that no Pints or Quarts had been omitted from the customers list.

A tattoo of a pig on one leg of a sailor and a rooster on the other is a charm against drowning. It is also a sure way to make your mother want to drown you.

Don't leave your own and your families safety to chance. Check your gear, the weather and make a plan before you travel out to sea. Join the Coast Guard as an Associate member and enjoy the benefits. Call the base at 3203 5522.

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CHIT CHAT *with lynda@redcliffecity.com.au*

• Birthdays this week - first there's Trixie Dyer of Deception Bay whose special day is today (9th September 2008) and then Jimmy Dennes-Selley who turns 17 on the 14th.

• Young Redcliffe student Chrislyn Hamilton has reached the Top 12 in this year's Australian Idol competition. Next week the competition begins in earnest, so let's get behind her. She is an extremely talented young lady.

• Caity's Crossing (the bridge across Oxley Avenue, Redcliffe between the two Redcliffe State High School campuses)

is being used by the students during school hours. The stairs are not yet finished, but it is hoped that the project will be complete in time for the 50th Anniversary celebrations of the school in October.

• The idea of a marina at Clontarf has certainly started the community buzzing. A hotel on the spit at Scarborough a few years ago brought out the protestors so it will be interesting to see the reactions from the group that objected. Wonder where they are now? And prior to that was the idea of a marina near the Jetty!

Deception Bay Teacher Aide Awarded Grant

Elizabeth King, a teacher aide at Deception Bay State High School, was awarded a \$1200 grant for professional development in recognition of the support she provides to teachers and students.

Member for Murrumba, Dean Wells, said Elizabeth was one of 30 teacher aides across the state awarded Professional Development Grants for Teacher Aides to recognise their outstanding work.

"Friday was Teacher Aide Day so this is an ideal time to recognise our most talented teacher aides by providing professional development grants of up to \$1200," Mr Welford said.

"Elizabeth will use the grant to undertake a Certificate IV in Training and Assessment."

Education and Training Minister Rod

Welford said teacher aides play an important role in Queensland state schools.

"Teacher aides give invaluable service to schools by assisting teachers and providing personal support to students, particularly those with special needs," Mr Welford said.

"There are about 13,500 teacher aides currently working in state schools who perform a variety of tasks from supporting student learning and providing administrative support to coordinating work placement programs.

"On behalf of all of our school communities, I thank teacher aides for their outstanding commitment and dedication in working alongside our teachers and supporting students to be the best they can be."



Dean Wells MP

Deception Bay Shopping Centre
Ph: (07) 3293 1069 Fax: (07) 3293 1257

You might have some ideas to contribute to a new and very worthwhile program being run by our local council and partly funded by the State Department of Main Roads. The purpose of the program is to identify, and make recommendations for fixing, the road safety hot spots in our area. The project officer who is doing this work is Alan Meares, who has had a very long experience with the Department of Main Roads but is now consulting with the local council. The advantage of this program is that it helps to identify to departmental officials places where accidents are likely to happen but have not yet happened. Obviously the relevant departments, state and federal keep records where accidents have actually happened. Part of the work of local members of Parliament is to draw government's attention to danger zones where accidents are likely to happen though they haven't yet, and I gave Alan the considerable representations that I have made regarding hot spots in the area. Now you may know of some that I

don't know of, and in any case your thoughts are grist to mill to this very useful process. So please, if you have ever driven, or walked around parts of our area and thought this is an accident waiting to happen, let Alan know so that it can be part of the data base on which the government makes its decisions. Alan can be contacted via e-mail at Alan.Meares@moretonbay.qld.gov.au.

The Redcliffe RSL is at the forefront of harm minimization technology and is currently holding the first field trial site for Simplay – a card based gaming system developed by Maxgaming. The Card Based Gaming allows players to set daily limits of the amount of money they spend on gaming, track their expenditure and also allow them to move credits (money) between machines using their membership card. You can deposit money to your account by visiting the cashier station or inserting notes into a gaming machine with your Simplay card inserted. Withdrawals can also be made by visiting the cashier station.

Cheers

Koala counters contribute to conservation

Spring is a lovely time of year to pack a picnic lunch, grab some binoculars, and head outside for some Koala spotting in the Moreton Bay region.

Residents are being asked to contribute to koala conservation by recording koala sightings in their local neighbourhood, on Sunday October 5, for Moreton Bay Koala Survey Day.

Mayor Allan Sutherland said residents throughout the Moreton Bay Region would be asked to look in their backyard or nearby parkland for koalas and fill in a survey form. Forms will be available in the October edition of "Moreton Living", and can also be downloaded from council's website or collected from council's district offices.

Councillor Sutherland said that survey information provided by residents will be used to help determine the location of koala colonies.

"Koala location data provided by our residents has previously been used by environmental scientists researching koala population densities and updating koala habitat mapping throughout the region," he said.

"Much of our remaining koala habitat exists on private property. To help prevent regional extinction of this iconic species it is vital that our residents be aware of the responsibilities and opportunities that come with owning koala habitat.

Council officers are available to discuss the conservation management of koala habitat on private land through council's environmental programs - Land for Wildlife, Wildbackyards, and the Urban Wildlife program.

Phone 3480 6666 or visit our website www.moretonbay.qld.gov.au for more information.

To promote your club on the website email to lynda@redcliffecity.com.au

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Healthy Life: Candidiasis or Allergy?

ABOUT CANDIDA

Candida albicans is yeast like fungus that lives in the body in healthy balance with other bacteria and yeasts and found naturally in the gastrointestinal and genital tract. Under certain conditions this fungus can multiply. When it is fed foods and medications that help it to grow and spread, it will move out to other parts of the body. When it does so, the immune system becomes suppressed. This condition is known as candidiasis. It may be treated with diet and supplements. However, in people with compromised health Candida overgrowth can be very debilitating.

CANDIDA AND ANTIBIOTICS

A bout of candidiasis is common after a course of antibiotics, because they kill all the bacteria (good and bad) in the gastro intestinal tract and leave it open to overgrowth of candid albicans. Quite often all that is needed is a course of probiotic (Lactobacillus Acidophilus- friendly bacteria) which is available in laboratory made powders or in natural fermented foods such as miso, plain yoghurts or naturally fermented grain foods.

CANDIDIASIS SYMPTOMS

Common symptoms are vaginitis with

white cheese like discharge and/or itching in the genital region, bloating, spacey and unreal feelings, poor memory, depression, low libido, rash or blisters on the body and in and around the mouth, white spots on tongue and mouth, head swelling or tightness, fatigue to chronic fatigue. Other symptoms may include night sweats, thyroid problems, discharge from nose and itching, chest tightness, sore throat, cravings for sweets, abdominal pain, rectal itching, mucus in stool, joint pain, muscle aches and/or weakness, numbness or burning of face and insomnia.

SYMPTOM COMMENT

It would be unlikely that someone would have all these symptoms, but they are indicative of yeast overgrowth. And these symptoms are also relevant to possible allergic reactions to foods, liquids or environmental irritants. When dealing with allergies, the natural treatments for both allergy and candidiasis may be similar. However, if only the allergy irritant is removed then the problem overall may not be resolved. Simple and inexpensive Candidiasis test may be done by your local Naturopath.

NATURAL TREATMENTS

Candidiasis is generally caused by food and is therefore corrected by food. All foods that have a carbohydrate and especially refined carbohydrate base, simple sugars and yeasts will feed the Candida yeast. Removal of refined foods from the diet will usually bring some relief of symptoms. The commonly eaten refined foods which act like sugar in the system are breads which also contain yeast, cakes, biscuits, pasta and so on. And many people believe, and rightly so, that fruit is good for us all. However, there are times when fruit is not the right food to eat, especially if you have a Candida overgrowth. Foods to eat are: complex carbohydrates such as boiled brown rice, millet, buckwheat or quinoa along with protein foods such as meat, fish, certified antibiotic free chicken meat and eggs, vegetables, nuts, seeds and fermented foods. These foods are also excellent for overall good health and vitality. If the condition is severe, a treatment plan designed especially for you by a natural health professional, who will include herbs to kill off the overgrowth and restore friendly bowel flora may be the answer to long term health issues.

Volunteer Grants Program supports community service

Community organisations in Petrie can now apply for a share in the Australian Government's \$21 million Volunteer Grants Program 2008.

Federal Member for Petrie, Yvette D'Ath MP welcomed the opening of the funding round, announced by the Hon. Jenny Macklin, Minister for Families, Housing, Community Services and Indigenous Affairs.

Organisations can apply for grants of between \$1,000 and \$5,000 to purchase equipment – including computers, air conditioners, mowers and sporting items used by volunteers.

"These new funding arrangements are one of the ways the Australian Government can thank community groups and volunteers for their contribution," Mrs D'Ath said.

"We recognise the enormous contribution made by the more than five million volunteers who work tirelessly to help the elderly, disadvantaged children and those who've hit hard times."

The Government will also expand items eligible for funding under the program to include petrol for volunteers who use their vehicles for volunteering purposes.

"By subsidising fuel costs, the Government is delivering on its election commitment and acknowledges the pressure of rising fuel costs on not-for-

profit organisations and volunteers," Mrs D'Ath said.

"For the first time, organisations will be able to apply for a contribution to reimburse volunteers for fuel costs incurred during their volunteering work."

"This new measure will assist volunteers who use their vehicles to support people in the community, including delivering food to the homeless, taking disadvantaged children to Saturday sports and visiting the elderly."

The Australian Government has also expanded the eligibility rules for the Volunteer Grants Program to include school Parents and Citizens Associations for the first time.

Mrs D'Ath encourages community organisations and Parents and Citizens Associations to apply for these grants.

For more information or to obtain an application form and guidelines visit www.fahcsia.gov.au or call the toll-free hotline on 1800 183 374. Applications close Friday 17 October 2008.

Directory Assistance

Remember the free call number for Telstra Directory Assistance is 1223, not 1234. The latter, a Sensis number, attracts a 40c flag fall and charges of 4c per second.

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WHAT'S ON

For event details check out the www.redcliffecity.com.au CALENDAR
To enter your event LOG IN and become a member of www.redcliffecity.com.au

• **Theatre Restaurant** - Barb Wainwright's troupe of singers, dancers and comedians will be presenting their shows at the Redcliffe Leagues Club on Thursday 30th October and the Redcliffe RSL on Saturday 8th November. Phone Barb on 0421 987 330 for details.

• **Blue Denim Country Music Club** - Every 4th Sunday at 1pm and every 2nd Saturday night at 7pm at the Progress Hall, Cornelius Street, Clontarf. Ph 3889 3548.

• **DIANA is wanting to broaden her circle of friends** from other cultures and be able to practise Spanish, French and or Italian. Please call Diana 3408 1056.

• **GALLERY 22** - 22 Chatham St, Margate. Open on the first Sunday each month 11am to 4pm. Art by Nan Dingle and Barry Stone. Ph 3283 7480.

• **Spring Exhibition** - Seaside Artists Gallery, Top Floor Comino's Arcade, Redcliffe Pde, Redcliffe. Ph 0417 633 228.

• **Redcliffe Diabetes Support Group** - Support group for people of all ages who live with diabetes. 10am-11:30am 1st Tuesday each month. Ground Floor, Redcliffe Hospital. Ph Les Smith on 3283 8262.

• **Theosophical Society Meetings** - Weekly meetings at CWA Hall, Redcliffe Parade, Redcliffe. Friday 7.00pm. Contact Paul 54942638 or Michael 0402-735031

• **Boulton Dancng Academy** every Friday night at the Woody Point Hall. Learn ball room and latin. Call 3269 9444 or 0418 982 917.

• **Redcliffe State High School** is ready to celebrate 50 years for information on events on the weekend of 24/25/26 October. Contact is Redcliffe50years@eq.edu.au.

• **Redcliffe Rug Rats** - Donations of wool are required by the Redcliffe Rug Rats to make blankets, beanies, bed jackets and slippers for nursing homes and hospitals. Ph Yvonne Wright 3283 6658.

• **Men's Probus Club of Redcliffe** meets 9.30 for 10.00am on the third Monday of each month at the Scarborough Bowls Club, cnr Scarborough and Sunnyside Roads, Scarborough. New members and visitors welcome. Ph Sean Buckland 3283 4004.

• **Redcliffe Peninsula Probus Club** meets on the fourth Tuesday of the month at 9:45am for 10am start. Ph Ray 3203 2611.

• **Peninsula Toastmasters** meet on the 1st, 3rd & 5th Monday of the Month at Clontarf Beach Progress Assn Hall, 34 Cornelius Street, Clontarf. Ph 3203 6330 or 3284 2903.

• **Redcliffe Scottish Pipe Band** - Want to learn the Pipes or Drums? The Band meets on a Thursday night at Redcliffe PCYC, Klingner Road, Kippa Ring from 7pm until 9pm. Social gathering and practice on Sunday morning in Apex Park from 9:30am to 12 noon. Ph 0428 186 804.

• **Redcliffe Peninsula Poets**, Winton Room, Redcliffe Cultural Centre, Downs St, Redcliffe. 1st Tuesday of every month 7pm-9.15pm. A friendly group of poets who write and perform their own poetry. Contact Trish George on 3284 7790.

• **The Jetty Markets** - Sunday Markets in Anzac Place, Redcliffe Parade, Redcliffe. Contact: John 0411 96 55 22.

• **Redcliffe Kite Club** - General Kite Flying Day - Every 1st & 3rd Sunday of the Month at Pelican Park, Hornibrook Esplanade, Clontarf. Contact David White 3889 3384 or 0415 437 982.

• **GROW** conducts mutual help support groups addressing emotional health problems. Meetings are confidential and free. Margate group meets at 6.30pm every Wednesday evening in the hall the rear of the Margate Baptist Church, 27 Duffield Road, Margate. Phone Diana on 32836611.

• **National Seniors Association, Redcliffe Branch** meets on the last Friday of the month at the Redcliffe RSL Memorial Bowls Club, Irene Street, Redcliffe at 9:30am. For information contact Angela on 3284 9677.

• **MU Australia** - part of the world wide Mothers Union. Redcliffe Branch meets on the 4th Wednesday of the month at St Mary's Church, Sutton Stree, Redcliffe at 9:30am.

• **Redcliffe Bridge Club** sessions Monday and Friday at 12:30pm, Wednesday at 7pm and Saturday at 12:45pm. For more details, phone 3883 4405 or 3880 3513.

• **Baden-Powell Guild of Qld** - Peninsula sub-branch meets on the third Monday each month. Phone Beryl on 3284 3865.

• **Multitude** is a non-auditioned community choir that specialises in contemporary music styles. New members welcome. Email to info@multitude.org.au.

• **The Spiritual Assembly of the Baha'i of Redcliffe** meet regularly. For information about their meeting times and places contact the secretary on 3203 7821 or the chairperson on 3283 6003.

• **The Redcliffe TPIs** (Totally & Permanently Incapacitated Service) meet on the first Monday of each month at the Redcliffe City Bowls Club. Phone Bill on 3203 3663 or Debbie on 3204 2092.

• **Community Legal Service** - Free legal advice is available on the first four Wednesday evenings of the month, 7-8.30pm at the Redcliffe Neighbourhood Centre. Enquiries ph 3284 4543.

• **Northern Districts Marching Association** - Contact Mrs Terry Johnston on 0416 208 124.

• **Peninsula Jazz** in the Kokoda Room, Redcliffe RSL on the last Sunday afternoon of every month. Doors open 1pm, Music from 2pm till 4.30pm. No need to book. Entry fee \$8, food and drinks at club prices. Ph Peter Green, 3203 6614.

• **Can you Sing?** Northside Singers perform for local retirement villages, If you like to Join us, we practice Tuesday Nights at the Uniting Church Hall, Gympie Road, Bald Hills 7-9pm. Enq 0400 140262.

• **Redcliffe Carer's Support Group** is a part of Carer's Qld. Regular meetings held from 9.30am to 11.30am on the first Tuesday of each month at one of the meeting rooms in the Redcliffe City Library.

• **Redcliffe RSL Snooker Club** meet at the RSL Monday and Wednesday from 6pm to

10pm. New members welcome. Please contact Verona Lowndes on 3293 0016 or Grant Perry on 3166 9855 or 0414 412 808.

• **Peninsula Spiritualist Church & Healing Centre**. Sunday Service - 6.30pm, Friday - Readings & Healing - 9.30am - 12.30pm, Shillum Room, Cultural Centre, Irene St. Redcliffe. Ph; Rev. Maureen - 3883 4867.

• **Counterpoint** - A *cappella* SATB vocal ensemble www.counterpointredcliffe.com rehearses each Thursday night in Clontarf. Phone Lesley Brown on 3284 3688 or email browniw5@optusnet.com.au.

• **Apex Club of Sandgate** meets every second Wednesday. Phone Simon Higgins on 0478655728 or Brenda Jackson on 0402251114.

• **Redcliffe-Scarborough Branch of the Australian Pensioners & Superannuants League** - Social day on Mondays starting at 9:30am. Cost \$3. Hoy on alternate Mondays at 11:30am. Ph 3284 2893 for more information or to hire the hall.

• **Redcliffe Rockers** meet at the Bramble Bay Bowls Club every Monday night at 7:30pm. Learn to rock 'n' roll. Only \$7 pp.

• **Tradional Korean Karate** - Redcliffe & North Lakes. Classes for ages 5-8,9-12, 13 to adults. Learn self-discipline and respect. Build your confidence. Passive and active self-defence strategise for child protection awareness and bullying. Phone 0416 149 066 and speak to Sean.

• **Beginners Social New Vogue Dance Classes** at Woody Point Memorial Hall, Cnr Hornibrook Esp and Oxley Ave, commencing Saturday 9am. Adults all ages, singles and couples welcome. Cost is \$9 Phone Jenny 3880.1912.

• **Yoga with Coralie** - Gentle stretching and relaxation Chair Yoga or Meditation for Beginners. Ph Coralie 3283 2312 or 0407 589 876.

• **People Out Of Puff Respiratory Group** meet the 1st Friday of the month at Community Health 181 Anzac Ave Kipparing. Help, information and support for people with COPD (Chronic obstructive pulmonary diseases) Call Von Black on 3204 1218.

• **Breakfast Club and Free Breakfasts** will continue at Redcliffe Community Association, Lamington Drive - Every Monday, Wednesday & Friday - 7.00 am - 8.30 am . Breakfast Club for Tuesday and Thursday mornings at Sunshine Place, 227 Elizabeth Avenue, Clontarf. Ph 3284 4543.

• **Commerce & Industry Redcliffe Peninsula (CIRP)** meets 4th Wednesday each month. Phone Erica 0411 743 100.

• **Redcliffe Ostomates Support and Carers Group** meet at the Redcliffe Neighbourhood Centre, Lamington Drive, Redcliffe at 10am on the first Tuesday each month. Cost is \$2 with morning tea provided. Ph Ken on 3293 1936.

• **Redcliffe Seaside Traders Association** - contact rstainc@optusnet.com.au.

EMAIL YOUR EVENT TO
news@redcliffecity.com.au



Power in the lead after the first semi-final *By Craig Feuerriegel*

A Royce Brownlie double against the Brisbane Strikers has given Power a 2-1 lead after the first Semi-Final at Perry Park last Sunday.

Peninsula Power took a strong grip on a grand final berth with a hard fought 2-1 win over Brisbane Strikers in the first leg of their semi final clash at Perry Park on Sunday. Power striker Royce Brownlie proved the hero for the visitors netting a double which now sets up the Power with a strong chance to make the Premier League grand final for the first time in the club's history.

Power opened the scoring in the 13th minute when Shaun Feuerriegel crossed from the right and Brownlie pounced with a far post volley to take the lead.

In the 40th minute Power Captain Steven Forshaw came under a heavy challenge and was forced from the field to receive medical attention.

Strikers took full advantage with Forshaw off the field and Josh Evans headed in the equaliser from a cross out wide on the left.

The homeside also did have another chance to take the lead just after the break when Golly Mebrahatu whipped in a cross that Alex Davani put just over the bar.

Power's Steven Cleary also could have also scored for the visitors but for a desperate defensive lunge by Michael Mc Evoy in the Strikers defence to block the shot on goal.

With the match heading for a draw it was Power's top marksman that produced a moment of brilliance combined with grit

and determination.

A strong and powerful run by Brownlie left two Brisbane strikers defenders in his wake and then unleashed a shot on goal that the Strikers goalkeeper could only push wide.

However a determined Brownlie maintained his balance and composure to get to the ball first and fire into the net for a 2-1 lead and the fulltime score.

Power coach Terry Kirkham admitted it was a tough encounter but again praised his side for its strong defence.

"Defensively we were very good and we were a lot stronger than them in midfield," Kirkham said.

"The second leg at home is going to be a massive game for the club and all our fantastic supporters will be there.

It's the first time this club has a chance to make a grand final in the Premier League Kirkham said."Premier League Semi Final 2

Saturday 13th September at A.J. Kelly Park Kippa-Ring - Peninsula Power v Brisbane Strikers, 5pm Kick Off

Bookie Busters *by Waldo Hayes*

Waldo's tips are given in the spirit of fun and no responsibility is taken for their accuracy! Please don't gamble more than you can afford!

Eagle Farm Races 6/9/08.

DOUBLE OR NOTHING: 1st 1800m.

The drop in distance didn't matter to this girl, she settled in nicely behind the leaders, made her claim just after the turn, fought off all challengers to win, loves the wet. Watch!

SCATTERGUN: 1st 2100m. This race was run to suit this fellow, has knocked the stud fees up a few more dollars after Saturday. Relished the track conditions and has hit form to a tee, will be hard to beat if the sting is out of the track, stick with him.

REGAL CASTANEA: 1st 1400m. Bookie Buster Tip after impressive win at Eagle Farm on 9th August. Did it tough on Saturday having to travel three wide the entire trip, started throwing the clods higher halfway down the straight and once again went to the line with total command, don't lave him now, he's good.

RELEASE ME: 1st 1200m. Did a lot better than last start on August 16th when fifth at Doomben. The extra distance was the shot, raced three wide with cover and had little trouble in the race and came from ninth at the turn to win, has hit form.

REINCARNATION: 2nd 1200m. Under the riding skills of Matthew Palmer this

bloke almost caused a boil

over, a long shot came from second last on the turn to storm home only to go down by a short half head, one to put in your little black book!

ZERO ROCK: 1st 1200m. Two only race starts for two wins, has set herself up for a hat trick and will no doubt by trying for that next start. Was the one the punters wanted on Saturday and she didn't let them down. You won't get any great price about her but a short priced winner is better than a long shot loser.

ROCKDALE: 1st 1400m. Was never going to surrender to anyone on Saturday, led from just after the start, started favourite and ran a similar race at Eagle Farm on June 9th, has a liking for rain effected tracks as both his wins would apply, record under mudlark and don't overlook!

ELEDA: 1st 1200m. Seems every tipster in town was right on to this girl, she has now had ten starts for six wins, the last five in a row, just how good is this girl is the question being asked, she seems to be an all weather lady, there'll be a queue to buy her first foal in a few years time, she has a lot more races yet with a lot more blue ribbons to some, she's one of the best.



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